

Teen Resources

Youth Development / Mentoring

Menlo Park Community Services Department - Teen Services Division
701 Laurel Street, Menlo Park 94025

Email: <mailto:teens@menlopark.org>

<http://www.menlopark.org/departments/com/teens.html>

Menlo Park Community Services Department has programs that focus on teens ages 12 - 18 years old. We offer tutoring, teens only classes, and travel opportunities. Many of these services are little to no cost and give teens a chance to have fun and meet other people!

Boys and Girls Club of the Peninsula
401 Market Place Road, Menlo Park 94025
650-322-6255 <http://www.bgcp.org>

Education

Canada College
650-306-3100 <http://www.canadacollege.net>

College of San Mateo
650-574-6161 <http://www.gocsm.net>

Skyline College
650-738-4100 <http://www.skylinecollege.net>

Sequoia Unified School District
650-369-1411 <http://www.seq.org>
Schools: Carmont, Menlo-Atherton, Sequoia, Woodside, Redwood

Health

Teen Health Resource Line
888-711-TEEN
Fast and confidential answers to your health questions.

Smokers Help line
800-NOBUTTS <http://www.californiasmokershelpline.org>
For anyone wanting to quit smoking.

Teenage Pregnancy Coalition
703 Woodside Road, Redwood City 94061
650-367-1937 <http://www.teenpregnancycoalition.org>
Provides pregnancy education to youth and adults in San Mateo County

Planned Parenthood
1230 Hopkins Avenue, Redwood City 94062
800-967-7526 <http://www.ppgg.org>
Family life skills education for teens. Pregnancy testing and counseling, STD testing, and testicular cancer screening for men.

Al-Anon
650-592-7935 <http://www.ncwsa.org>
Support for anyone who is affected by drug or alcohol abuse in a relative or friend.

Alcohol and drug help line
650-573-3950

Other

California Youth Crisis Line
800-843-5200
Counseling, youth to parent message service, phone connections to service providers.

Redwood City Youth Health Center
630 Laurel Street, Suite B, Redwood City 94063
650-366-2927
Counseling, including groups for bicultural youth, girls, and teens who are questioning their sexual identity. Sexual identity forum, assistance to gay teens.